



BOOK POST

CANARA UNION NEWSLETTER

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www.canaraunion.co.in

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Photographs Courtesy: Rashtrapati Bhavan

FINAL ANNOUNCEMENT

**THOSE MEMBERS WHO HAVE NOT PAID THEIR ANNUAL SUBSCRIPTION FOR 2024-25
MAY NOTE THAT THEIR MEMBERSHIP STANDS CANCELLED.**

Annual Membership Subscription Fees

All Members shall pay in advance their Annual Subscription for the period 1st April to 31st March of the financial year. For ease of payment, we have introduced UPI and the QR code which is published hereunder.

Annual subscription is as follows. Pay by Cash/Cheque/NEFT/UPI. Contact office 080-23342625 if you need clarification.

60 years & below Rs.300/- + GST 18% Rs.54/- = Rs.354/- per annum

Above 60 years Rs.150/- + GST 18% Rs.27/- = Rs.177/- per annum

Over 80 years: No subscription

For Hard Copy of CUNL (Canara Union Newsletter) please add Rs.150/- per annum (April-March) towards postage/delivery charges. You can add to Annual Membership Subscription.

Pay: "The Canara Union", S/B Acct No.10600 31300 00822,
SVC Co-Operative Bank Ltd., IFSC Code: SVCB0000060.

If paid by NEFT, please email NEFT reference number to canaraunion@gmail.com or Whatsapp to 8310857255 with your name. If paying by UPI, please send screenshot with name and details of payment.



All members are requested to send a hello email to canaraunion@gmail.com giving your latest email ID, phone number and address.

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A WORD FROM THE PRESIDENT

The recent tragic air crash made me think of how people who work with machines relate to them.

I have known many people with immense attachment to the machine assigned to them. I am thinking of Arumugam who worked the horizontal boring machine in the pump factory I was looking after. He loved the machine so much that he would spend time outside of work cleaning and preparing it.



Machine tools normally consist of multiple handles and levers, and operators develop a particular way of handling these. They know the machine inside out.

Thus, whenever Arumugam was absent, and a standby operator was given the job, we had to listen to endless complaints from him when he returned about how 'poorly' the machine was handled. And God help us if we moved him to work on another piece of machinery. He behaved like someone in grief.

In every newscast we saw, what came through from experts was all pilots' love for the aircraft-machine they fly. They are tuned, with great love, to every signal, audio or visual, they experience in the cockpit and respond accordingly. The responsibility of all the lives in their hands makes their focus intense, and the thousands of hours of flying helps them master this kind of fine, non-stop coordination. They know what they are doing.

This belief that they know made me watch the wonderful film by Clint Eastwood, *Sully*, for the nth time. The film, as many know, is about the US Airways flight 1549, flying from La Guardia, New York, in January 2009. It developed engine trouble, from bird-hits in this case. Sullenberger and his co-pilot made a considered decision to land the aircraft in the river Hudson.

Sully was reprimanded and suspended but at the end of the arbitration, was freed from blame, in fact praised for the timely action. I was moved by the words of the final judgement — 'Take Sullenberger out of the equation, and the math fails.' I am a lay person and make no judgements here about the Air India flight, but I want to say the relationship of person and machine is absolutely crucial.

Now let's laugh a little.

I spent the major part of my career in Chennai. In Tamil Nadu, they talk in initials most of the time.

People take CL or PL, casual leave, privilege leave, or they're on LTA, leave travel assistance. Maybe these are used elsewhere as well? So how about if you're listening to someone say 'nv'.

They're not using another word for jealousy, they are talking about his food preference, non-vegetarian. Depending on how you say it and the situation, it can show something not approved of — 'They eat nv, did you know?'

If your friend is an 'OC girayki', she is enjoying herself at others' cost.

My all-time favourite is the agreement for a group eating out to go 'TTM-TTM'—that that man, that that money. It means all expenses are shared equally, no question.

There's truly no place like India!



PRAKASH AROOR

PRINT COPIES and E-ISSUES



We thank those who have written/telephoned to indicate their preference of the CUNL.

Members who haven't contacted us and who prefer e-issues please let us know your preference. And those members who have opted for e-issues but are still getting hard copies of CUNL, please let the office know. Please write to canaraunion@gmail.com with a copy to meeraphilar79@gmail.com or phone the Canara Union at 080 23342625. Thank you.

PS: Members who have not paid Rs.150/- towards postage of the CUNL for the year, are requested to pay - Cash or Cheque favouring "The Canara Union". If transferring by NEFT, please transfer to "The Canara Union" S/B Acct No.10600 31300 00822, SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060. Please send us a copy of NEFT transfer and your name.

You can also pay by UPI. See details on page 2

NOTE: We are updating our Membership List. Request all Members to send us your latest address, phone numbers (Landline and Mobile) and email IDs to canaraunion@gmail.com.

LETTERS TO THE EDITOR

We invite our readers to share their views on the Newsletter, and suggestions, at cunlcanaraunion@gmail.com.

We will be glad to publish letters from time to time, at the discretion of the Editor.

ACKNOWLEDGEMENTS

We are deeply grateful to the following for the donations made by them towards:

Canara Union Monthly Distress Relief Fund

A Well-Wisher

Rs.12,000.00

PS: We request all donors to provide us with a letter and a copy of PAN Card and Address Proof at the time of donation, which is a requirement by the IT Department.

MEDICAL EQUIPMENT

The medical equipment donated by members to Canara Union are meant to help patients tide over their immediate requirement for a period not exceeding 3 months. If required beyond 3 months, members are requested to make alternative arrangements. (This will help equipment availability to others in need.) All requests need to be made either by email or letters. Henceforth, a nominal refundable deposit will be collected, as follows:

Walking Stick: Rs.100/- Walker: Rs.250/- Wheelchair: Rs.500/- Hospital Bed: Rs.1000/Rs.2000.

RENEWED APPEAL FOR MONTHLY DISTRESS RELIEF ASSISTANCE

Dear Friends, Canara Union continues to assist the badly affected families of Covid-19 every month. Your continued support and help towards this scheme as long as possible would be appreciated. You may make payments either by cheque or bank transfer to the account specified below. For any clarification you may contact or write to us at:

Prakash Aroor, President Mobile: 9901560602

Meera Philar, Hon. Secretary Mobile: 9844022713

Harish Sujir, Hon. Treasurer Mobile: 9845055567

Email: canaraunion@gmail.com

Payments can be made to THE CANARA UNION WELFARE FUND either by cheque or by Net Banking transfer to the following:

The Canara Union Welfare Fund

Savings Bank A/C No.:10980 31300 05454

SVC Co-Operative Bank Ltd. Vidyamandir Branch, Malleswaram, Bangalore 560 003

IFC Code: SVCB0000098



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ANNOUNCEMENT

APPLICATIONS FOR DISBURSAL OF SCHOLARSHIPS TO STUDENTS, AND DISTRESS AND MEDICAL RELIEF – WILL BE DISTRIBUTED EFFECTIVE 15.7.2025

Applications for scholarships to students studying UKG to 10th Standard, PUC and professional courses can collect the application forms from the office of the Canara Union, from 15th July 2025. Completed applications should be submitted on or before 15th September 2025 along with necessary documents. Incomplete applications will not be entertained.

Students who have obtained distinction (above 85%) in university/board/public examinations are eligible for merit scholarships. These application forms are available at the Canara Union office effective 15th July 2025. Completed applications along with documents should be submitted on or before 15th September 2025.

Application forms for Distress and Medical Relief for Bhanaps and other members in need of assistance are available at the office effective 15th July 2025. Applications duly completed with necessary documents should be submitted before 15th September 2025.

LISTINGS

We would like to feature new LISTINGS about the availability of services in and around us. Those who cater to any professional services from their homes and small offices, and would like to be included in this listing, please email brief and concise details to meeraphilar79@gmail.com

DEAR PARENTS AND CHILDREN

Thank you for the photographs/paintings/drawings you send us. Please continue to send us these. We would like you to send us articles/stories from time to time, which will be published at the discretion of the Editor. Please email these to meeraphilar79@gmail.com

VERY VERY IMPORTANT ANNOUNCEMENT REGARDING DONATIONS

All Members/Donors wanting to make donations, please see one full page ANNOUNCEMENT in the CUNL. You may pay either by CHEQUE OR NEFT. Follow it up with a letter or fill details in a copy of the Announcement Sheet along with a copy of your PAN Card and Proof of Address. If sending by NEFT, please send to respective account (Name and No.) of your donation choice as mentioned in the Announcement Sheet. For any clarification, please email canaraunion@gmail.com or WhatsApp or call Meera Philar at 9844022713 or Harish Sujir at 9845055567.

DONATION

From:
Name: Sri / Smt. _____
Address:

Date: _____
PAN NO: _____

To,
The President
The Canara Union(Regd.)
Bangalore-560003

Sir,
Sub: Donation towards Endowment Fund/s

I wish to donate a total sum of Rs. _____ (in words: Rupees _____)
towards The Canara Union Endowment Funds detailed below:

Type of Donation	Amount	Bank Details
Building Fund		The Canara Union, Account No 34050851518 State Bank of India, IFSC SBIN0007080
Distress Relief Fund		The Canara Union(Regd) Distress Relief Fund Account No 10600 31300 18707 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060
Medical Relief Fund		The Canara Union(Regd) Medical Relief Fund Account No 10600 31300 18706 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060
Students Scholarship Fund		The Canara Union(Regd) Students Scholarship Fund Account No 10600 31300 18705 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060
Cultural Endowment Fund		The Canara Union(Regd) Cultural Endowment Fund Account No 10600 31300 18703 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060
Sports Endowment Fund		The Canara Union(Regd) Sports Endowment Fund Account No 10600 31300 18704 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000060
Monthly Distress Relief Fund		The Canara Union Welfare Fund Account No 10980 31300 05454 SVC Co-operative Bank Ltd., IFSC Code: SVCB0000098

I am enclosing the cheque for the above said amount / remitted by NEFT/RTGS, as detailed below:

Cheque No..... Dated drawn on Bank....., Branch.....
NEFT / RTGS Details Remittance made Dated..... Bank / Branch.....
The amount of donation [tick any one]

- Is to be kept as a Corpus Fund and interest earned thereon is to be used for disbursement.
- Is to be distributed in the next occasion for disbursement as decided by the Canara Union.

The donation is given in the memory of:

I have attached a copy of my PAN CARD and PROOF OF ADDRESS.

Regards,

Signature
Phone No:

A FASCINATING VOYAGE ACROSS SOUTH INDIA - PART 2: KANYAKUMARI, THIRUVANANTHAPURAM AND KOCHI



VIDYA SAGAR

The next destination on our itinerary was Kanyakumari. It has always been my dearest wish to view sunrise and sunset from the southernmost tip of India. The visit was transformative, exhilarating and calming all together! As I witnessed the confluence of three seas - the Bay of Bengal, the Arabian Sea, and the Indian Ocean, I felt a great sense of admiration and reverence. The panoramic views of the endless ocean stretching out to the horizon, together with the sound of waves crashing against the shores created a unique experience that is hard to describe in words. The iconic Vivekananda Rock Memorial, standing majestically amidst the waters, is an iconic symbol of contemplation and enlightenment. It is situated 500 meters from the mainland, and we reached there in a ferry which was an exciting adventure.



Swami Vivekananda Memorial, Kanyakumari

At the memorial I felt a deep connection to the teachings and timeless wisdom of Swami Vivekananda. Unfortunately, due to the cloudy skies, we missed viewing both sunrise and sunset. Next to the Vivekananda Rock stands the majestic 95-foot-tall Thiruvalluvar statue, which too we reached via ferry. Back on the mainland later, we sought blessings at the Kanyakumari Temple from the presiding deity Devi Kumari Amman. There was a large crowd at the temple as it is a prominent Shakti Peetha attracting great numbers of devotees throughout year.



Thiruvalluvar Statue, Kanyakumari

Suchindrum temple, situated some 11 kms from Kanyakumari was our next destination. The temple is built in the distinct Dravidian style

with its massive gopurams. The 134-foot-tall entrance tower covered with sculptures of mythological characters is visible from a distance. The temple is famous and unique in South India because the presiding deity Sthanumalayan is a single image representing three different deities, Brahma, Vishnu, and Shiva. Along the outer wall of the temple are many small shrines and mandapams with a large lingam in the sanctum. The divine atmosphere in the temple made me feel truly blessed.

Around 22 kms north of Suchindrum and located at the foot of the Velli Hills is the Padmanabhapuram Palace. The prominent feature of this palace is its unique clock tower that is almost 300 years old and still displays accurate time. The palace is built largely of wood and the intricate carvings in the interiors enhance its beauty. A small museum in the palace has old Chinese jars, weapons, and paintings. Our driver said there were many other places of interest like the Tirparappu Waterfalls, Mathur Hanging Bridge (Aqueduct) and numerous banana and rubber plantations. But due to time constraints, we could not visit these and planned to do so in our next visit.

Thiruvananthapuram, the royal city and capital of Kerala was next on our itinerary. Also called Trivandrum, it is blessed with rich history and culture and is an evergreen city famous for its museums, beautiful beaches like Kovalam, education and research hubs, and the Padmanabha Swamy temple. Here our primary interest was in visiting this glorious temple. We had heard so much about it and were curious to see the temple that gave the city its name: 'Thiruvananthapuram' means "City of Lord Anantha" in Malayalam. It is believed to be one of the richest temples in the world and is the main attraction in the city, drawing hordes of devotees and tourists from across the world.



Padmanabha Swamy Temple

Visitors must follow the strict rules of the temple like the dress code of wearing saree or dhoti, and no carrying mobiles or any other electronic items inside. Moreover, only Hindus are allowed inside. We saw a few foreigners admiring the temple from outside and felt bad they could not go inside the premises. There was quite a crowd of devotees inside, and it took quite some time for us to reach the sanctum sanctorum. We looked in awe and exhilaration at Vishnu reclining on Anantha and being shielded under his hood. Admiring the beautiful murals and paintings that adorn the interior of the temple, we reached the Navagraha Mandapam, the ceiling that depicts the nine planets. It is a visual treat and a must-see for devotees. The Bali Peeda Mandapam and Mukha Mandapam at the exterior of the temple are also worth seeing.

Our next destination was the Napier Museum, which houses a fascinating collection of artifacts, including antique sculptures, bronze idols, ancient ornaments and traditional Kerala chariots. The museum was built in the 19th century and is named after the former Madras Governor General, John Napier. Its architecture is a mix of Indian, Chinese, Kerala and Mughal

styles. The other landmarks of the city are the Attukal Bhagavathy Temple, the Palayam Juma Masjid, the St. Joseph's Cathedral, backwaters of Poovar, Vellayani, Neyyar Wildlife Sanctuary, and Peppara Wildlife Sanctuary. We had a wonderfully relaxing and rejuvenating evening at the Kovalam beach. Trivandrum is famous for its traditional dishes, fresh sea food, and aromatic spices, so we decided to try these at a nearby restaurant. We relished the food served on banana leaves and tried some of the sweets at street food outlets. As the sun set, we returned to our hotel, completely in awe and with a sense of admiration for this beautiful city. We were eager to start for Kochi the next morning and explore and discover another wonderful city of Kerala.

Kochi, also known as Cochin, is called the queen of the Arabian sea because of its historical significance as a major spice trading centre and strategic port on the west coast of India since ancient times. Its scenic beauty and stunning landscapes make it a favourite destination for tourists. Driving through the old harbour area also called Fort Kochi, we gazed



Raja Ravi Verma Painting at Dutch Palace

at the colonial architecture, vibrant markets and scenic waterfronts with fascination. Our first stop was the Mattancherry Palace, commonly referred to as the Dutch Palace. Built in the 16th century by the Portuguese as a gift to the Maharaja of Cochin, it is called the Dutch Palace because of the renovations made by the Dutch during their governance of the city. The museum consists of beautiful paintings, furniture, weapons and palanquins, maps and other interesting relics from the past. The stunning murals depicting scenes from our epics, the Ramayana and Mahabharata, and the life of Krishna are the main attractions at the palace.



A Street in Jew Town

We then visited the Jew Town and the Paradesi Synagogue, the oldest active synagogue in the Commonwealth. Jew Town is a quaint place with many shops selling antiques, handicrafts, clothes, jewellery, spices and much more. This picturesque street seemed like a scene from a dream, and we walked along completely enamoured with its beauty. As the name suggests, this is the place where immigrants



Paradesi Synagogue

from the Jewish community settled in when they came to Kochi in the 16th century. The Paradesi Synagogue was built in the 16th century, later destroyed by the Portuguese and again reconstructed by the Dutch in the 17th century. The beautiful Belgian chandeliers, intricate hand-painted floor tiles, and the ornate gold pulpit are the highlights that make a visit to the Synagogue worthwhile. We learnt the history of the fascinating Jewish community at the Synagogue from a member of the community there.



Chinese Fishing Nets

A visit to the beaches to view the iconic Chinese fishing nets is a must in Kochi. These massive, cantilevered fishing nets, believed to have been introduced by Chinese traders in the 14th century, are a remarkable sight against the backdrop of the setting sun. I was mesmerized watching the local fishermen skilfully operate these nets. It offered us a glimpse into the traditional livelihoods that continue to thrive in modern Kochi.

The Santa Cruz Basilica, one of the eight basilicas in India, is another architectural gem in Kochi with its Gothic-style facade and impressive interiors. The vibrant frescoes, stained glass windows, and the beautifully carved wooden ceilings create an atmosphere of reverence and tranquillity inside the church. As we sat there for a while, I experienced a deep sense of serenity and divine connection. We then visited the St. Francis Church, the oldest European church in India, showcasing the colonial past of Kochi. We learnt that the church was built in the 16th century and was originally the burial site of the famous explorer Vasco da Gama. The other places of interest at Kochi are the Kerala Folklore Museum and the picturesque Marine Drive, which is an ideal spot to unwind and enjoy the beauty of Kochi.

We ended our memorable journey of South India with a visit to Shri Sringeri Sharada Mutt at Kalady that had long been on my wish list. The intricate woodwork, majestic pillars, and vibrant murals depicting the life and works of Jagadguru Shri Adi Shankaracharya add to the mystical aura of the place. As I stood before the serene idol of Goddess Sharada in the sanctum sanctorum, I felt a transformation and a deep connection to the spiritual legacy of the Mutt and the great guru.

Our southern sojourn through Madurai, Rameswaram, Kanyakumari, then also Thiruvananthapuram, and Kochi was



Shri Sringeri Sharada Mutt, Kalady

fascinating, enriching and a dream come true for me. Each city that I visited left me with a deep sense of connection to the diverse traditions and culture that make our land so special. From the serene temples of Madurai to the spectacular shores of Kanyakumari and the rich cultural history of Kochi, every moment was illuminating and inspiring. The journey was a beautiful blend of joy and transcendental upliftment, making it a memorable chapter in my exploration of South India's rich historical, spiritual and cultural heritage. The experience will be etched in my memory for ever!

MEMORIES OF MY CHILDHOOD IN GOD'S OWN COUNTRY

SARAS RAO



Leelaalaya was the name of our four-room home, where the 'leelaa' or 'play' of my colourful childhood was enacted.

By a big cast of actors – grandpa, grandma, four uncles, three aunts, brother, cousin – was my youth affectionately impacted.

Living in a joint family meant fun, but also discipline. We used to sleep like a line of *paatolyos* on the floor.

Chikke ashi-tashi tsamkalyaari, konaale herdyaari paayu, so no scope for thieves to sneak in through our door.

There was a fifth room in Leelaalaya – we called it the *kaalkaa kooda* – where *ghoni cheels* of provisions were stored.

Being a large family, grains were bought in

bulk, and it was from Lakshmi Stores that we ordered our 'food-hoard!'

I remember the huge *cheels* brought in a bullock cart to the back entrance. We kids always ran to watch the 'grand event':

The cart-driver, his assistant, and Narayana, our cook, taking turns back-hauling, then letting the sacks drop in a dusty descent!

Opposite Lakshmi Stores was another establishment, named with great devotion, but not approved of by everybody.

It was called Om Sri Krishna Kalla Shop, and as you will guess, it sold its boozy clientele toddy!

We were three of us children – Anna: my elder brother, our cousin, and I. We were quite mischievous, but innocently so.



But when we became too much of a handful, and the adults had had enough, into the *kalkaa kooda* we would go!

Locked into the dimness – just a small skylight above – we'd shout and scream, demanding to be let out.

Once, after a lot of door-banging, things slowly went quiet. The adults wondered what the silence was about.

They were filled with suspicion, waited a while, then hurriedly unlocked the door. And what was it that they found?

What would a bored child do - Open the *ghoni cheels*, mix up and spread rice, wheat, mung and tur dals all around!

It took three aunts, two maids, the cook, and we kids (as punishment) three full weeks to bring back order: gather, sort out and re-store the grains.

Ayyo – aani haankaa kaalkaa koodaant ghaalchen naa. (What joy!) Maaththen kumbha zaallen. Grains are picked, but who'll unscramble our brains?

We three kids soon had the luxury of sleeping in one room. We'd have pillow fights galore.

These 'play fights' sometimes turned verbal

and physical, setting up a nightly uproar.

Piercing the stillness, *Paacchi, paley, hau magal pollau bhurkitaa*, came one yell.

Then came, *Aajje, maakkaa hee naankaari gudde vaazzaytaa*, loud as a bell.

It was the middle of the night. Our elders, fed up and furious, half-rose from their bed:

Kasle pundde cheldvan!... Tumkaan aattanchi boarding schoolaaka pettaytaati paley, they said!

How green was our Kerala then: *aatta mhayne paavsu*, mile upon mile of waving rice fields, *masta sheeaalyaan uddaaka pivnchen!*

June 1st – Schools and the monsoon skies opening together. Rain holiday declared. *Aamhin kaaylae-shae timbun vopas ghaar yevnchen.*

Confined to indoor games – snakes and ladders, ludo, *pagdo, gutpalle* with *gajges* or *manjootis*, all played with relish.

Our dear America-returned Fulbright-scholar aunt Indakka's Scrabble Board gift helped us to improve our English.

On dry days, we played seven tiles, hopscotch, also doughnut-shaped tennikoit, which keenly sharpened our hand-eye coordination.



But guess our ambition? To become, not cricketers, but railway coolies, so we could

watch trains enter and leave Ernakulam Station!

We'd float paper boats in large water-logged moats dug deep round those 'thirsty giants' – our coconut-palm-treasures.

Which returned to us a rich harvest of nuts – How precious are those memories of bygone childhood's pleasures.

AS MUCH AS POSSIBLE

DEEPA DUMBLEKAR



My mind was crammed with umpteen thoughts as I stepped into the nearest branch of our bank, for some regular work. By 'our' I mean the bank that had been my father's employer all his working life and for which same reason, had been the place where I first opened a savings account and learnt all the things a bank customer should know. Yet, I was hardly keen to go to the bank, for it was not the friendly place a bank used to be decades ago where customers were made to feel welcome. With the number of employees having reduced



thanks to VRS and other schemes launched to downsize employee strength, those available grudgingly juggled jobs amongst themselves and it showed in their service to those who dared to approach them!

Thanks to automation, I managed most of the chores online, but my father who belonged to the old school of thought still banked on (no pun intended) a bank statement to show the various transactions. So in I went and approached the counter, which showed off a computer and was manned by a middle-aged man, hoping to get the statement. For a change, the man seemed helpful and after a few queries, filled in the necessary details into his computer and procured a printout of my statement. To our disappointment, the statement looked distorted and the contents unreadable to either of us. The man patiently fired another printout, and the same thing happened. He sought to share his ignorance of the job with me, even as he clicked on the keys hoping for some miracle.

Having worked on worksheets day in and day out in office, I had taken printouts several times,

so I offered to help, and very soon, I adjusted the settings in the banker's file and fired a printout - which this time came out just the way we wanted! The banker was thrilled and handed over the printout to me while simultaneously thanking me profusely. All of a sudden, the otherwise insensitive banker became friends with me.

All around us, the focus is on speed. Our mails and spoken instructions end with ASAP (As soon as possible) – write ASAP, respond ASAP, send ASAP and so on – quite conveniently leaving out other aspects (human, especially) like feelings and experiences, because of which our life has become so mechanical.

My experience in the bank keeps reminding me that I need to put the thrust on AMAP (As Much As Possible) rather than expect everything ASAP. We hardly remember that the teller, the maid, our neighbour, or even a family member is a human being first and a role later. I believe more often than not that people do AMAP, however challenging a situation may be, as we are basically good in nature.

An incident this morning drove this point home much more vividly. A small pup insisted on following a cart vendor on his morning rounds even as he was about to cross the busy national highway beside which I too was walking to office. The vendor, in a bid to avoid the pup getting into an accident, thrust it near a roadside tree and crossed the highway. But unknown to him, the little one followed him. The vendor lifted his cart on to the divider and stood there along with it, waiting for the right time to cross. Looking behind he saw the pup holding on to the top of the divider and unable to climb it because it was almost a foot high.



What happened next touched my heart. The vendor bent down, picked up the pup and put him on to the cart to cross to the other side of the highway. All together – himself, cart, pup, and all!

To me, that was a beautiful sight, for the vendor didn't seek to find the best solution to the pup's plight, at least not instantly. He just did whatever he could to help the pup – As Much As Possible.

Is that not what we can do in every situation? As Much as Possible is going to be my motto from now on. Life is bound to become better then, I am sure.

PERSONALIA

Dear Members of the Canara Union,

The Canara Union frequently gets enquiries about personal announcements. These are personal in nature, usually small, and are generally about the following:

- births, weddings, engagements, thread ceremonies
- items for sale
- services available (catering, paying guest accommodation etc)
- student performance
- success at work, awards, personalia information etc
- change of address, relocation
- seeking information about services available

'THE INDEPENDENT PAGE', for small-format, half- and full-page announcements will be published at a nominal rate. The tariff will be as follows + GST of 18%:

Upto 50 words	-	Rs 100.00 without photo
51 to 150 words	-	Rs 150.00 with photo if any
151 to 250 words	-	Rs 250.00 with photo if any

Also:

Full-page feature/ad of A4 size	-	Rs 700/- per page
Half-page	-	Rs 300/- per half-page

Please send all announcements to the Canara Union by the 16th of the month.

KIDS CORNER



Neev Kulkarni (11 Years)



Pranika Hattikudur (9 Years)

LISTINGS

Product	Contact	Mobile No.
Internationally Certified Make-up Artist & Hair Stylist Specialising in bridal, fashion and party makeovers. Available for bridal and pre-wedding events, fashion photoshoots.	Anagha S Kamath	+91 8861441021
Home Made Condiments Aamti Pitti, Kholombo pitti, Madras sambar powder, Rasam powder, Idli Sambar powder (no adding cooked tuvar dal), Chow chow masala powder (with tamarind), Methkut, Garlic chutney, Fried gram chutney powder, Molagapodi (for idli and dosa), Groundnut chutney powder.	Vidya & Santosh Irde	+91 9341183420 +91 9379897639
Refashioned/Customised/Handmade Items Crochet, quilting and fabric accessories, hand embroidery, stitching(kids), handmade toys and planters, giving a new life to anything to Reduce, Reuse and Renew.	Sheethal Shirali	+91 9886225732
Fun About Crochet Handcrafted in crochet just for you at your doorstep. Key chains, mobile, iPad pouches, Bookcovers, Bookmarkers, Sling Bags, Baby Sets, Baby Blankets, Saree Blouses & Crochet Jewellery. Email: smita.koppikar67@gmail.com	Smita Koppikar	+91 9910077916
Kodial Kitchen Authentic Vegetarian & Non Vegetarian Mangalorean Saraswath homestyle food. Customised -Day/Week Plans at customized price. Bulk orders on package pricing	Anoop Kumar Baindoor	+91 9449445757 +91 8217641219
Insurance Vehicle and Medical Insurance requirements and other utility services	Ravikiran Shirali	+91 9343584044
Insurance Advisor for LIC Life Insurance and HDFC ERGO General Insurance (e.g. Health, Vehicle, Home, Fire, Industrial, etc)	Prashant G Balsekar (Authorised Agency Code: 2014 8271 0921)	+91 8310183498, +91 9343097773
Purohit Performance of various Poojas, vratas, ceremonies and rituals	Niteesh Mudur Bhat	+91 9900911144
Purohit Contact me for all types of Poojas, homas, apara kriyas and ceremonies	Ruthwik Shukla	+91 9740670573
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Ruah Associates - Cleaning Products For all needs-hand wash, floor cleaner, dishwash liquid, toilet cleaner, detergent powder, glass cleaner, multipurpose cleaner, phenyl.	Monisha Kallianpur	919902057999
Aakar Creations and Aakar Art Classes For gifting ideas of hand painted products and learning different kinds of art for children and adults.	Monisha Kallianpur	919902057999
Advaya Dishwashing Liquid Soap Home-made soap with minimum chemicals and can be used for cleaning utensils by hand (Not for machines) and ceramic tiles too. Quality comparable to other popular brands and reasonably priced. Available in ½ ltr and 1 ltr cans. Fresh stock available.	Anjali Karkal	919869107108

TALENT CORNER



Madhubani Art - Raksha Basrur



Rekha Mavinkurve - Winter Paintings in Watercolor

Report on the Activities of Bangalore Local Sabha for the Month of June and July 2025

Reported by **SAIKRUPA NALKUR**

Special Programmes

On 18th May, Samaradhana of H.H. Shrimat Pandurangashram Swamiji was observed with Bhashya Pathana and Ashtavadhana Seva.

On 15th June, on the occasion of Janma Divas of H.H. Shrimat Parijnanashram Swamiji III, Bhashya Pathana and Ashtavadhana Seva was observed.

Regular Programmes

- ◆ Pujan is performed by Gruhastha-s at Bengaluru Math, in Garbha-Gudi every morning and in Anandashram Sabhagriha every Monday, Thursday, and Friday evenings.
- ◆ Sadhaka-s perform Samoohika Gayatri Japa Anushthan on Sundays.
- ◆ Online Sanskrit Sambhashan classes are being held every week, and Prarthana Varga sessions are conducted at the Math every Saturday.
- ◆ A short 5-minute Ninada practice is a part of all regular activities.

Upcoming Programmes

6th July: Deva Shayani Ekadashi: Akhanda Bhajan

10th July: Guru Poornima - Chaturmas Vrata Prarambha, Vyasa Pujana, Bhashya Pathana, Ashtavadhana Seva

29th July: Vyasa Pujana, Bhashya Pathana, Ashtavadhana Seva

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Website: www.samvitsudha.com

Contact: Shobha Ulpe 8861715493, Shruthi Ubhayakar 9423008640, Sheela Nagarkatti 9343093002



Gīrvāṇapratishthā, the Sanskrit Wing of Shrī Chitrāpur Math,
Conducts courses in Beṅgalūru for learning Sanskrit.
Registrations for new batches of Ārādhanā have started.

(Registrations for other courses will be notified later)

Ārādhanā course classes will commence from June 15 2025

For details please contact any of our teachers:

Rashmi Chandragiri	94499 76412	Kāmākshī Baidūr	95912 20280
Sudhā Kārṇāḍ	99728 77667	Sudhā Uṭṭāl	97419 62100
Sāadhanā Kāikiṇi	95913 83363	Sunetrā Nāgarkaṭṭi	98802 88473
Poorṇimā Hirebeṭ	94820 17654	Pūrṇimā Kārṇāḍ	96204 77967
Ananthakrishṇa Hirebeṭ	90360 15009	Vaishalī Koppikar	97696 66226
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Contact Sudha Bhat at +91 9867369002.

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Those interested please call or WhatsApp Deepa on +91 99899 90845

OBITUARY

We convey our deepest sympathies to the family and relatives of

Shri Namdev R Pai (Husband of Suman N Pai nee Nadkarni), aged 91 years, on 28 May 2025 in Bengaluru

Shri Sharad Balwally, aged 73 years, on 13 June 2025 in Bengaluru

Shri Udyavar Radhakrishna Dutt, aged 92 years, on 16 June 2025 in Bengaluru



THE CANARA UNION (REGD.)

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With the changes in the Foreign Contribution Regulations Act (FCRA), it has become mandatory to channelize all foreign donations by a social/charitable organization in India through the State Bank of India, New Delhi, Main Branch (SBI-NDMB). In accordance with this new FCRA Regulation, Canara Union has opened a new FCRA Account with SBI (NDMB), New Delhi. Hence, the old FCRA account with Bank of India, Margosa Road, Malleswaram, Bengaluru cannot be used for any foreign inward remittance.

We give below the details of the new designated account where the Foreign donations should be remitted.

Name of the Bank: State Bank of India, New Delhi Main Branch
Address: FCRA Cell, 4th Floor, New Delhi Main Branch, 11 Sansad Marg,
New Delhi – 110001,
Account No: 40255120262 (FCRA Savings Account)
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